

2017 MID PENN PLUNGE - 2/18/2017**Hosted by Northern High School****Session Report**

Session: 1 www.midpennchamp.com

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 200 Medley Relay	27	5	10:00 AM	_____
Finals	2 Men 200 Medley Relay	17	3	10:18 AM	_____
Finals	3 Women 200 Freestyle	27	5	10:27 AM	_____
Finals	4 Men 200 Freestyle	15	3	10:44 AM	_____
Finals	5 Women 200 IM	27	5	10:54 AM	_____
Finals	6 Men 200 IM	13	3	11:13 AM	_____
	Break: 20 Minutes:				
Finals	7 Women 50 Freestyle	110	19	11:44 AM	_____
Finals	8 Men 50 Freestyle	67	12	12:09 PM	_____
Finals	9 Women 100 Butterfly	30	5	12:24 PM	_____
Finals	10 Men 100 Butterfly	23	4	12:35 PM	_____
	Break: 20 Minutes:				
Finals	11 Women 100 Freestyle	100	17	01:03 PM	_____
Finals	12 Men 100 Freestyle	57	10	01:38 PM	_____
Finals	13 Women 500 Freestyle	24	4	01:56 PM	_____
Finals	14 Men 500 Freestyle	10	2	02:28 PM	_____
Finals	15 Women 200 Freestyle Relay	31	6	02:43 PM	_____
Finals	16 Men 200 Freestyle Relay	17	3	03:01 PM	_____
	Break: 20 Minutes:				
Finals	17 Women 100 Backstroke	36	6	03:29 PM	_____
Finals	18 Men 100 Backstroke	20	4	03:44 PM	_____
Finals	19 Women 100 Breaststroke	56	10	03:53 PM	_____
Finals	20 Men 100 Breaststroke	36	6	04:16 PM	_____
Finals	21 Women 400 Freestyle Relay	23	4	04:29 PM	_____
Finals	22 Men 400 Freestyle Relay	10	2	04:51 PM	_____
	Break: 20 Minutes:				
	Swimmers Counts for Warm-ups: 335	=====	=====		
	Entry / Heat Totals:	776	138		
	Finish Time			05:21 PM	_____